



Anikis Pisim

Frog Moon

Hours Meals
 Mon | Wed | Fri - 9:30 - 4:00 → 12:00pm Lunch ★
 Tuesday-Thursday - 12:30 - 6:00 → 5:00pm Dinner ♥
 Saturday - 9:00 - 12:00 → 10:00am Breakfast †

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* Indicates programs that require sign up

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A P R I L			1 (1) Drop-in Childminding 1-4pm	2 (1) Egg-Hunt 12:30-5pm (2) Dyeing Eggs 2-5pm (3) Drop-in Childminding 4-6pm	3 C L O S E D	4 (1) Drop-In Movie 9:30 - 12pm
5	6 C L O S E D	7 (1) Embroidery Craftivity 3-5pm (2) Drop-in Childminding 4-6pm	8 (1) Drop-in Childminding 1-4pm	9 (1) Recycled Journaling 1:30-3pm (2) Drop-in Childminding 4-6pm	10 (1) Zumba Class 10-11am (2) Beaded Blueberries 10 - 12pm (3) Crochet Lab 1-3pm	11 (1) Drop-In Movie 9:30 - 12pm
12	13 (1) Clothing Mending Stylish Bag 10-12pm (2) HOMES Drop-In intake 1-3:30pm (3) Healthy Baby 1:30-4pm	14 C L O S E D	15 C L O S E D	16 (1) Decorating Pots 1-4pm (2) Drop-in Childminding 4-6pm	17 (1) Zumba Class 10-11am (2) Beaded Blueberries 10 - 12pm (3) Crochet Lab 1-3pm	18 (1) Drop-In Movie 9:30 - 12pm
19 <i>National Volunteer Week</i>	20 (1) Clothing Mending Stylish Bag 10-12pm (2) HOMES Drop-In intake 1-3:30pm (3) Healthy Baby 1:30-4pm	21 (1) Embroidered Felt Earth Craft 3-5pm (2) Drop-in Childminding 4-6pm	22 <i>Earth Day</i> (1) Drop-in Childminding 1-4pm	23 (1) Planting Day! 1-2:30pm (2) Henna Designs w/Iqra 3-4pm (3) Drop-in Childminding 4-6pm	24 (1) Zumba Class 10-11am (2) Beaded Blueberries 10 - 12pm (3) Crochet Lab 1-3pm	25 (1) Drop-In Movie 9:30 - 12pm (2) Spring Clean 10-12pm
26	27 (1) Clothing Mending Stylish Bag 10-12pm (2) HOMES Drop-In intake 1-3:30pm (3) Healthy Baby 1:30-4pm	28 (1) Travel Training 2-3pm (2) Textile Earrings 3-5pm (3) Drop-in Childminding 4-6pm	29 (1) Subsidized Housing 1-3:30pm (2) Drop-in Childminding 1-4pm	30 (1) Recycled Journaling 1:30-3pm (2) Drop-in Childminding 4-6pm		

Planting Day!

Come enjoy a peaceful and creative time planting seeds and learning about growth and renewal.

Please note that the planting workshop will be facilitated by a male instructor.

Tuesday, 23rd
1 - 2:30pm
Board Room



EARTH DAY

Earth Day reminds us of our ongoing responsibility to honor and protect the land as a living relative, not just a resource. It emphasizes reciprocity, gratitude, and stewardship, recognizing that human life is deeply interconnected with Mother Earth.

As part of our Earth Day activities, we will reflect on the importance of recycling and reusing by creating with materials we already have available.

16th: Decorating Pots 1 - 4pm
21st: Embroidered Felt Earth Craft 10 - 12pm
23rd: Planting Day 1 - 2:30pm
28th: Textile earrings 1 - 4pm



Drop-In services

- Showers are available most hours of operation. Please sign up with Drop-In Staff
- Laundry appointments are available by advanced sign-up only during Drop-In hours.

Travel Transit

Join us for a special session with Winnipeg Transit facilitators to:

- Accessibility features in their new vehicles.
- Colour-coded priority and courtesy seating areas.

Tuesday, 28th
2-3pm
Board Room



Henna with Iqra

Join us for a relaxing and creative henna session with Iqra!
Thursday, 23
3 - 4pm

Textile Earrings

Turn old jeans or fabric into beautiful handmade rose earrings! Learn a simple, eco-friendly craft to turn old fabric into unique, wearable jewelry—perfect for beginners.



Tuesday, 28th
3 - 5pm
Board Room

Zumba Class

Join us for a fun, high-energy dance workout—no experience needed! Limited to the first 15 people who arrive.
Every Friday
10-11am

Housing workshop

Subsidized Housing

Wednesday, 29th
1 - 3:30pm
Board Room

Drop-In services

- **The computer is available to use in 20 minute time slots during drop-in hours**
- **We have 2 community phones available for local calls only. Please try to keep your calls under 15 minutes.**

Stylish Bag

The easiest way to turn fabric into a useful accessory.
Every Monday of April
10 - 11:45am
Board Room

Spring Clean

Please join us to participate in our upcoming community clean-up! Cleaning supplies and lunch will be provided.
Saturday, 25th
10-12pm

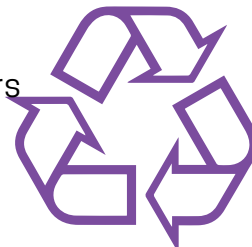


Important Notice

Journaling with Andrea and Community Smudging will be on pause for now. Stay tuned for updates!

Decorating Pots

Get creative and turn recycled containers into unique plant pots!
Thursday, 16th
1 - 4pm
Board Room



Ice breaks on rivers, and the land awakens from winter.