



STEPS FORWARD

WCWRC Annual Report 2012

Taking Steps Forward

A Message from the WCWRC Leadership Team

2012 was another busy year for the West Central Women's Resources Centre. Now at the end of our second full year in our new location, we continue to see more and more women coming through the doors for the very first time. Whether to grab a cup of coffee or find a new friend to chat with, making that first step towards breaking away from the isolation that many women experience is one of the prime examples of the need for the centre.

Two of our long time staff members moved on from the centre to move towards new career opportunities – Marianne Cerilli, our HOMES Coordinator and Jackie Hogue, our Executive Director. We are very grateful for the years of service they provided to the West Central community and are glad to still see them from time to time in the centre.

We also welcomed new staff – Candielya Jackson joined us as our Program Director and Ngozi Nwosu started as our new HOMES Coordinator. Both women bring new perspectives, ideas and energy to the centre!

Every day we continue to be inspired by the courage and dedication of all the women who are a part of the centre. From a volunteer program that is bursting with enthusiastic women to programming that is consistently at capacity, we are constantly reminded of the unwavering commitment of women to take steps to improve and strengthen their own capacities and confidence.

We look forward to another exciting and rewarding year together!

Sincerely,
WCWRC Board and Staff



WCWRC Staff & Board

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Staff

Jackie Hogue - *Executive Director*
Candielya Jackson – *Program Director*
Nel Derksen – *Bookkeeper*
Rachel Bergen – *Office & Administrative Coordinator*
Nana-gale Fagnan – *Drop-In Coordinator*
Raven Carriere – *Assistant Drop-In Coordinator*
Stephanie Ross – *Community Support Coordinator*
Marianne Cerilli – *HOMES Coordinator (until June 2012)*
Ngozi Nwosu – *HOMES Coordinator (beginning July 2012)*
Gloria Knott – *Assistant HOMES Mentor*
Shannon Buck – *Red Road to Healing Coordinator*
Lisa Spring – *Parent Mentor Coordinator*
Fiona Muldrew – *Childminding Coordinator*
Jen Porter – *Women's Voices Coordinator*
Warda Ahmed – *Neighbourhood Immigrant Settlement Worker*
Shane Livingstone – *Neighbourhood Immigrant Settlement Worker*

Volunteer HOMES Mentors

Donna Taylor
Rhonda Starr
Tonia Huntinghawk
Ursula Shorting
Cheryl Young
Laurel Cassels
Ewa Zglobicki
Nadine Bone
Marilou Atienza
Samantha Trout

Contract Staff / Volunteers

Deanna Moose
Elaine David
Linda Beardy
Wanda Herie
Shannon Bruce
Rena Shorting
Fay Keewatincappo
Rachel Carrier
Sharon Olson
Helena Kelly
Diane Plante
Sharon Unger
Delores McGillivray
Sahra Dayib
Habib Khanam
Christina Schindler

Board of Directors:

Executive Committee:
Board Chair: Lorie English
Treasurer: Lioubov Gavrilova-Crozier

Chair of Personnel Committee:
Claire Meiklejohn (until Aug. 2012)
Shelly Smith (from Aug. 2012)

Chair of Finance Committee:
Kate Sjoberg (until Jun. 2012)
Shelley Hymers (from Jun. 2012)

Phyllis Anderson
Nan Colledge
Lori Dueck
Joan Hay
Ashley Irvine
Bree Jordan
Genet Kassaye

Traute Klein
Lauren Konrad
Amber Reid
Melanie Reimer
Kelly Ruth
Virginia Shingoose



WCWRC Programs 2012

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Childminding

"I now have the training to do childcare work."

Drop-In

"Thank you for the new hope in me."

Neighbourhood Immigrant Settlement

"I learned about Manitoba Health system and how to find housing."



Red Road to Healing

"Thank you for giving me my life back, I feel like I can make it now."



Women's Voices

"I wouldn't have gone back to university if it weren't for Women's Voices training."



Community Support

"The skills I have acquired here...I can now add to my resume."

HOMES

"Without the help received I could still be homeless."



Parent Mentor

"I have changed to become more involved and made positive choices in my life."

Traditional Teachings

Building WCWRC's first sweatlodge



Staff Profile

Gloria Knott

I was once an EIA recipient and I experienced a lot of domestic and systemic abuse growing up that made me question my self-esteem. However, when I came to West Central Women's Resource Centre in the fall of 2011 I took part in the HOMES mentors training. After the training I applied and, to my great surprise, was hired as a full time Assistant Community Mentor.

As a mentor I have had the privilege of helping many women find affordable housing, get into emergency shelters and receive EIA benefits. Based on my own past, I relate easily to the stories of the women I work with. I am so thankful to the HOMES program and WCWRC for giving me the opportunity to strengthen my skills, increase my self-esteem and expand my potential. Being a HOMES Mentor has helped me to be a successful person and a good role model to others within our community. In the future I am planning on furthering my education in Counseling so that I can go back to my reserve and support them.



Program Highlight

Red Road to Healing

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Manitoba has one of the highest rates of domestic violence in Canada. Indigenous women are especially vulnerable, with rates 3 times higher than other populations in Canada. Since 2010, over 500 women have accessed the Red Road to Healing and began to move towards self-awareness, healing and self-development. We receive many requests for facilitator training and to date have trained 24 facilitators from 13 different agencies across Manitoba, who are not able to offer Red Road in their own communities.

The Red Road to Healing program was recognized by the Federal Government as a promising practice in reducing violence and increasing safety for Indigenous women in 2012.

282 women participated in Red Road to Healing in 2012



Childminder Highlight

Margaret Kout

I love the Childminding Program because it was the first course I took in Canada. As a Newcomer it helped me get involved in the community, learn English and get work experience. The training provided me with experience about childcare guidelines, tools to enhance positive self-esteem and build connections between myself and children (including my own children). I've learned to be determined, flexible and persevering. Now, I am involved with the Women's Voices program [at WCWRC], learning about community leadership and helping with parenting workshops at Sister MacNamara School.



Program Highlight

Parent Mentor

The Parent Mentor Program expanded considerably during 2012. The focus of the program is to increase healthy connections between caregivers and their children when involved with the Child and Family Services System. We took steps to increase the effectiveness of our one-to-one support for women involved with CFS and to improve our Parent Support Group content and delivery. Our networking and information-sharing to improve collaboration between families and CFS has also dramatically increased.

In addition, the CFS Community Network which was started in January 2012 as a Parent Mentor Program initiative, has grown to 50 members representing over 30 agencies throughout the city. The CFS Community Network's goals of promoting education, collaboration and empowerment in child welfare have sparked positive interest from various CFS staff, lawyers and government representatives.

We look forward to 2013 and the opportunities that we will continue to have to help strengthen families and communities in the West Central Neighbourhood.

Increased parent participation
CFS case planning: 80



Volunteer Highlight

Helena Kelly

Hi my name is Helena Kelly and I am honoured to serve as a volunteer at the WCWRC. I also participate in the Red Road program and the drumming circle. I am so thankful for everyone I have gotten to know and to those who I continue to meet along my journey. The first time I came to the Centre, more than one year ago, I was welcomed by everybody - especially by the cook who immediately offered me a bowl of warm soup. I started volunteering as a dishwasher and occasionally helping in the kitchen. Later, the same cook who offered me that delicious soup suggested that I should apply for the position to become the new cook. Now I cook for all the women who come to the Centre, feeding them not just with a delicious snack everyday but also with love and respect. Every day I try to make the women feel welcomed just as I felt that first day I came to the Centre. I am so happy to say that all the women in the Centre are part of my family.



2012 Stats

Section 1

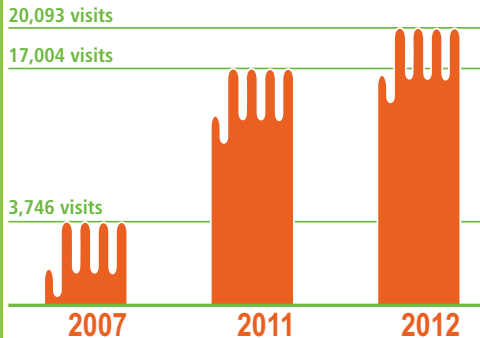
348 Volunteers worked a
total of **7880** hours

WVP has connected
participants with over **30**
community-based organizations

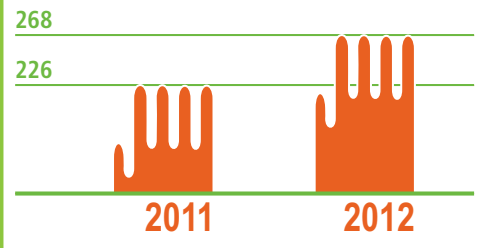
356 women and their families
participated in Traditional
Teaching events and circles

HOMES helped
67 women find housing and
258 resolve EIA issues

VISITS TO THE CENTRE



NEWCOMERS SERVED THROUGH NISW



FUNDERS

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Assiniboine Credit Union
Canadian Heritage
Canadian Women's Foundation
Community 4 Families
Community Places
Enbridge
Daniel Mcntyre St Matthews Community Association
Investor's Group
Labour & Immigration Manitoba
LITE
Manitoba Arts Council
Manitoba Employment, Training and Trade
Manitoba Culture, Heritage and Tourism
Manitoba Healthy Living
Manitoba Housing
Manitoba in Motion
Mennonite Foundation of Canada
National Crime Prevention
Neighbourhoods Alive!
PriceWaterhouse Cooper
Red River College
Spence Neighbourhood Association
Status of Women Canada
Thomas Sill Foundation
United Way
Winnipeg Foundation
Winnipeg Housing and Homelessness Initiative

We are grateful for our many funders, partners, supporters and donors who make the work we do possible. For a further list of these many individuals, organizations and agencies, please visit our website at wcwrc.ca.

Your Support

The contributions of individual donors play an essential role in our ability to continue providing valuable programs and services to the women in our community. Gifts of \$20 or higher will receive a charitable tax receipt.

If you wish to contribute on an ongoing basis, please visit our website at wcwrc.ca and click on the **Donate Now** button.

Name: _____

☐ \$20 ☐ \$60 ☐ \$100 ☐ \$250 ☐ other

Mailing Address: _____

City: _____ Province: _____

Postal Code: _____ Email: _____

For a one-time gift, please send a cheque along with this form to:
WCWRC / 640 Ellice Ave / Wpg. MB / R3G 0A7

More than 20,000 women came through the Drop-In in 2012

"The love and kindness that met me at WCWRC has changed my life forever"

Breaks isolation

Connects women to programs

Access to: Computer
Telephone
Clothing Depot
Shower / laundry
Food & hot coffee



thank you